

Zen Guru: Supporting Minds, Shaping Education

Zen Guru is a collaborative initiative with educational institutions designed to offer comprehensive support to students, teachers, and parents. Our mission is to create a holistic, inclusive support system that helps students not only succeed academically but also thrive emotionally and socially.

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Key Support Programs

Exam Anxiety & Stress

Zen Guru offers specialized counseling services to help students manage stress effectively and build the resilience needed to succeed in high-pressure environments.

Learning Skills Development

Zen Guru provides personalized counseling to students to help them develop effective study skills, manage their learning time, and cope with the challenges of exam preparation.



Emotional & Behavioral Support

Emotional & Behavioral Issues

Zen Guru offers comprehensive counseling to help students address emotional and behavioral difficulties in a safe and supportive environment.

Addiction Prevention

Zen Guru's addiction prevention services aim to counsel students on the risks associated with addiction and provide interventions for those at risk.

Teenage Issues & Concerns

Zen Guru provides counseling that focuses on the mental and emotional challenges that teenagers commonly face.

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Specialized Support

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ADHD, LD, ASD

Zen Guru provides specialized support for students with ADHD, learning disabilities, and autism spectrum disorder (ASD).

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Personality & Leadership

Zen Guru's workshops are designed to nurture students' leadership abilities, confidence, and interpersonal skills.



Higher Education Counseling

Zen Guru offers detailed assessments to help students gain insights into their strengths and preferences.

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Teacher Development

Managing Psychological Curriculum

Zen Guru offers workshops for educators to enhance their understanding of students' emotional and behavioral needs, and incorporate psychological strategies into their teaching practices.

Personality & Leadership Development

Zen Guru offers professional development workshops aimed at helping educators build emotional intelligence, leadership qualities, and resilience in their teaching.



Parent Engagement

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Effective Parenting

Zen Guru's workshops provide parents with practical strategies to foster a supportive home environment that encourages emotional growth, academic success, and positive behaviors.

Academic Pressure

Workshops on handling academic pressure, peer pressure, and teenage issues, such as mental health, social media, and self-esteem.

Family Relationships

Guidance on recognizing signs of stress, addiction, or emotional difficulties in children, and how to seek the necessary support.

Business Model for Collaboration

On-Demand Counseling Services

Individual counseling for students, parents, and teachers. Online and offline options for counseling sessions, ensuring maximum accessibility.

Workshops & Training

Regular workshops for students, teachers, and parents on a range of topics related to emotional well-being, leadership, personality development, and academic success.

Revenue Model

Subscription-Based

Institutions can subscribe to Zen Guru's services on an annual or semi-annual basis, providing access to counseling, workshops, and assessments.

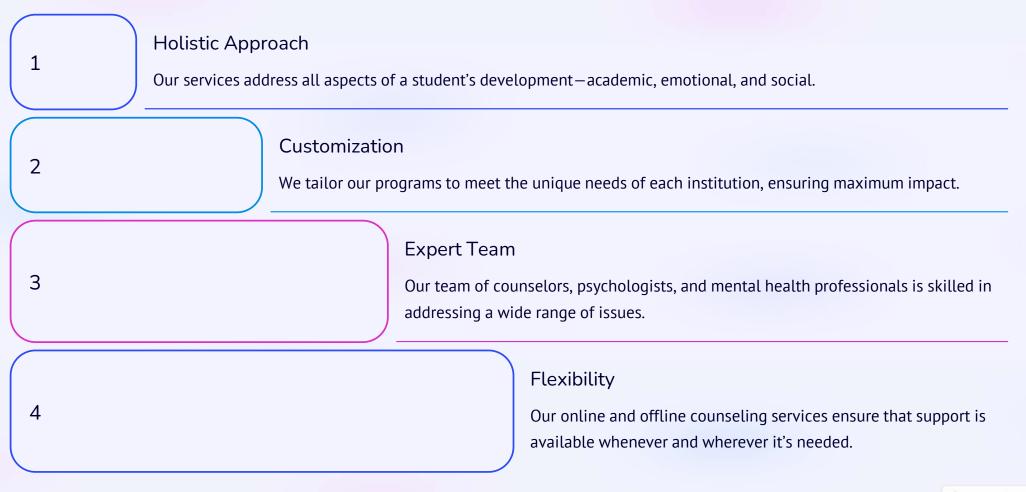
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Pay-Per-Service

Schools can opt for a pay-perservice model, booking individual sessions, workshops, or specific programs as needed.



Why Collaborate with Zen Guru?





Building a Foundation for Success

At Zen Guru, we are committed to working with schools to help students, teachers, and parents build a foundation for long-term success. By fostering an emotionally supportive environment, we can ensure that every student has the opportunity to thrive academically, socially, and emotionally.